



2019 World Deaf Indoor Athletics Championships Competition Entry Standards

(18 May 2018)



Competition Entry Standards must be achieved during the qualification period from **1 January 2017** to the **31 January 2019** in a competition approved by either the IAAF or a National Athletic Federation.

Event	Women		Men	
	Outdoor	Indoor	Outdoor	Indoor
60m	13.80 (100m)	9.00	11.90 (100m)	7.90
400m	1:04.20	1:07.00	53.90	56.00
800m	2:33.00	2:40.00	2:07.00	2:12.00
1500m	5:22.00	5:37.00	4:23.00	4:38.00
3000m	20:38.00 (5000m)	12:14.00	16:33.00 (5000m)	10:15.00
60m Hurdles	16.05 (100mH)	10.50	15.95 (110mH)	9.90
High Jump	1.38		1.72	
Pole Vault	1.80		3.60	
Long Jump	4.84		6.10	
Triple Jump	10.13		12.80	
Shot Put	10.15		12.50	
Pentathlon	3000 (Heptathlon)			
Heptathlon			4400 (Decathlon)	
4 x 400m Relay	No Entry Standard		No Entry Standard	